

A taste of Girona

Girona is a city with more than 2,000 years of history and a lot to discover. From its Cathedral, with the world's widest Gothic nave, to a rich cuisine that won't disappoint you. Girona is synonymous with culture, tradition, sport and nature.

The people in Girona speak Catalan, which is the language of Catalonia. Here's a selection of common Catalan words that will enrich your experience and help you interact with the local people:

Hello: Hola **Please:** Si us plau

Goodbye: Adeu **Sorry:** Perdona

Good morning: Bon dia **Breakfast:** Esmorzar

Good night: Bona nit **Lunch:** Dinar

Thank you: Gràcies **Dinner:** Sopar

You're welcome: De res

Enjoy your meal: Bon profit

Have a good journey: Bon viatge

How are you?: Com estàs?

What's your name?: Com et dius?

What time is it?: Quina hora és?

Girona is a welcoming city. We ask you to treat the local environment and culture with respect. Ride carefully through the narrow streets of the Old Quarter, use the cycle lanes and follow the traffic rules. Enjoy your stay in Girona responsibly and help keep it clean and tidy.

Girona recycles

Girona is working to reduce and recycle its waste. Between all of us, residents and tourists, this is how we help make our city cleaner.

In the Old Quarter, refuse is collected from temporary areas: points distributed around the neighbourhood where each evening, the appropriate bins are brought out for collecting.

It is prohibited to dispose of refuse bags in public wastepaper bins or anywhere that is not one of the waste collection points.

Please place your refuse in the temporary areas between 8:00 pm and 11:00 pm, as indicated in the calendar below.

Monday	● ● ●	ORGANIC
Tuesday	● ● ●	PAPER AND CARDBOARD
Wednesday	● ● ●	PACKAGING
Thursday	● ● ●	GLASS
Friday	● ● ●	NON-RECYCLABLE REFUSE
Saturday	● ● ●	SANITARY WASTE
Sunday	● ● ●	

You may be fined if you don't comply with the waste collection system.

You can see the locations of the temporary areas here



More information at:
girona.cat/residus
 972 485 591
osgre@ajgirona.cat

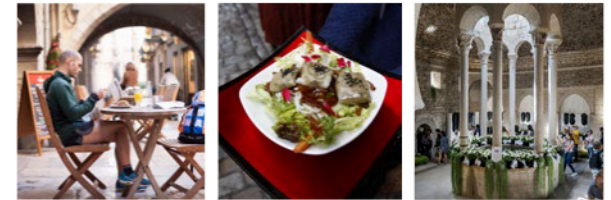
Girona Tourist Information Office

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In partnership with:



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Welcome to Girona

A BRIEF GUIDE FOR CYCLE TOURISTS

Girona welcomes considerate cyclists



Girona is supporting use of the bicycle as a vehicle for urban mobility. However, we would like to remind you that the Old Quarter is a priority area for pedestrians and traffic rules must be followed to guarantee safe coexistence with pedestrians.

- **Cycle with the streets' traffic flow**, do not ride against the traffic.
- **Ride only where it is permitted to do so**; you cannot cycle on the pavement.
- **Get off your bicycle and walk** when you pass by the bridges and other places where there are lots of people.
- **Keep at least 1.5 metres from building façades.**
- **Observe the speed limits:**
 - 6 km/h in areas where pedestrians have priority, such as the Old Quarter.
 - 20 km/h in the cycle lanes.
 - The same speed limit as for motor vehicles when cycling on roads.
- In the Old Quarter and a few other streets in the city, **pedestrians have priority**; please remember this.
- **Park your bicycle in the parking facilities provided.** Do not leave them stacked up one against the other in the same place; they may block the way.

Please remember...
You must always cycle in the direction of the traffic in the streets of Girona. Dismount and walk with your bicycle if you want to go in the opposite direction.



You may be fined if you don't obey the traffic rules.
Thank you for your cooperation!

